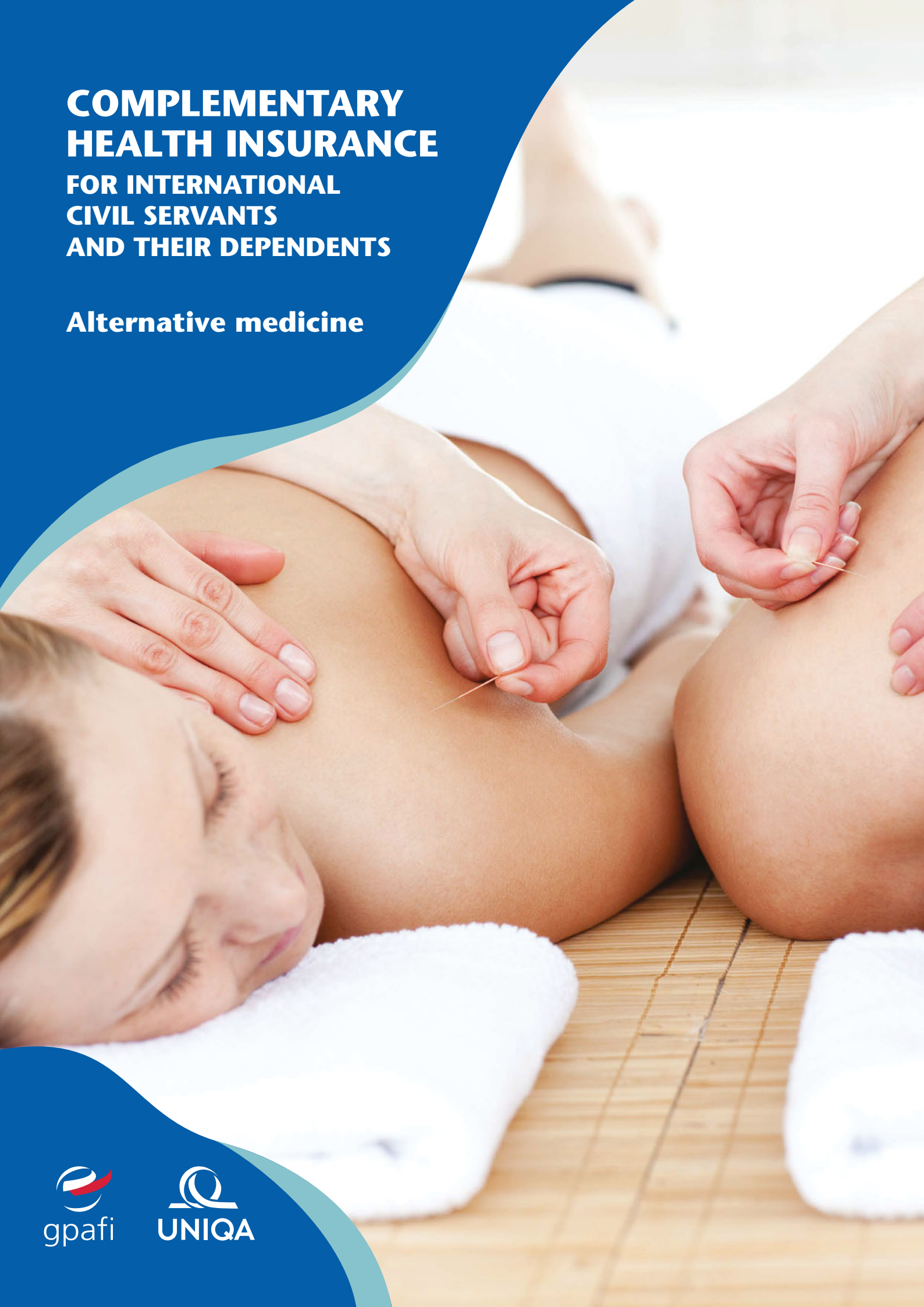


COMPLEMENTARY HEALTH INSURANCE

FOR INTERNATIONAL
CIVIL SERVANTS
AND THEIR DEPENDENTS

Alternative medicine



COMPLEMENTARY HEALTH INSURANCE FOR INTERNATIONAL CIVIL SERVANTS AND THEIR DEPENDENTS

Alternative medicine

The supplemental insurance covers up to CHF 1,250.- per calendar year, 90% of the costs of outpatient treatment not covered by the basic insurance under two conditions:

- If the therapeutic method is recognized.
- If the therapist is a doctor or listed on the list of recognized therapists mentioned below.



Recognized therapists

Doctors that practice **alternative medicine** are recognized under any circumstances, this is also the case for **chiropractors and physiotherapists**, as long as they are treating illnesses that are within their professional competences for example: Osteopathy, Massage, Lymphatic drainage...).

Therapists that are registered on the ASCA list are recognized without condition. The list of recognized therapists can be found on the website: www.asca.ch

The **therapists that are found on the below mentioned registers** are also recognized:

- Association suisse des praticiens de médecine traditionnelle chinoise
- Europe-Shanghai
- SINOSWISS Praxis für Chinesische Medizin, Zug
- NVS – APTN
- Association suisse d'étiopathie
- Fédération suisse des praticiens en médecine naturelle FSPN
- Registre suisse des ostéopathes
- Fédération suisse des homéopathes
- Société suisse des physiothérapeutes diplômés en ostéopathie SSPDO

- Schweizer Verband für Anthroposophische Kunsttherapie, Bern
- Centres TOMATIS dans toute la Suisse
- MediQi dans toute la Suisse
- PST-thérapie (Pulsierende Signal Therapie)
- Centres Chinamed (médecine traditionnelle chinoise) dans toute la Suisse
- Association suisse FELDENKRAIS (ASF)

Therapists that are localized in the nearby French sector must also be recognized ASCA and the above-mentioned organizations in order to obtain reimbursement.

Osteopaths based in France must belong to the Register of French Osteopaths and have an ADELI number to be accepted for reimbursement.

For all other countries, we recommend that the insured members **check that the therapist and therapy is recognized with UNIQA** before undergoing treatment, without this prior approval, the invoice could be void and therefore not reimbursed.

Recognized therapies

A

Acupuncture
(traditional, laser, acupressure,
electro-acupuncture)

An-Mo / Tui-Na

Anthroposophic Massage

Aromatherapy

Auriculotherapy

Ayurvedic massage

Ayurvedic massage

B

Biochemestry according to Schüssler

Biomagnetism

C

Classic Massage

Colon hydrotherapy (colonic irrigation)

Conjunctive tissue massage

Cranio-Sacral therapy

E

Electrotherapy

Etiopathy

Empathetic therapy

Eutonie Gerda Alexander exercises

F

Fangotherapy

Fasciatherapy

Functional biometry
(acupuncture according to Voll)

H

Homeopathy

Hypnosis

K

Kinesiology

L

Light therapy, Phototherapy

M

Manual lymphatic drainage

Massage of acupuncture points

Massage of the psychogenic zones

Massage of the muscle reflex zones

Mesotherapy

Metamorphic massage

Moxa-Moxibustion

N

Naturopathy

O

Ortho-Bionomy

Osteopathy / Etiotherapy

P

Phytotherapy

Polarity therapy

Postural training

Poultice of green clay / Cataplasms /
Body wraps

Psychomotricity

R

Reflexology

Reiki

Rolfing/Structural training

S

Shiatsu

Sophrology

Spinal column balance therapy

Sumathu

T

Thai massage

Therapeutic Eurythmy

Therapeutic horse riding

Traditional Chinese medicine

Tibetan medicine

Tomatis method

Alternative therapy exclusions (non-exhaustive list)

A

Akumat therapy
Alexander technique
Art therapy
Asian energy and body treatment
Astrology
Autohemotherapy
Autohypnosis training

B

Baunscheidt Method
Bio Feedback
Biodynamic sophrology, psychology
Biological information therapy
Bioresonance therapy
Brain Gym
Breathing therapy

C

Chromopuncture
Color Therapy

D

Dance therapy
Deep Draining
Dye injections

E

Energetic rebalancing
Esalen Massage
Esoteric healing

F

Fleurs de Bach therapy

G

Geobiology

I

Imposition of the hands
Iridiagnostic

L

Lasertherapy
Leech therapy
Long distance treatments
Lykotronic

M

Magnetic field therapy
Magnetics
Myofunctional therapy

N

Nutrition

O

Organic rhythm movement training according to Medau
Orthomolecular therapy
Ototherapy by candles
Oxygen therapy
Ozone therapy

P

Plastic modeling therapy

Q

Qi-Gong

R

Rebirthing
Regeneration Eugemed therapy
Regenerative cell therapy

S

Suction cups

T

Tai-chi
Therapy according to Kneipp
Therapy by Music
Thermography
Therapeutic speech therapy
Trager Method
Touch for Health

V

Vitalogy
Vital practise according to Vuille

Y

Yoga



Recognized phytotherapy and homeopathic preparation (if prescribed by a doctor or a recognized therapist)

Capsules and homeopathic preparations.

Aromatherapy and essential oils

Anthroposophic preparations

Ayurvedic preparations

Oligotherapy preparations

Phytotherapy preparations

Serocytol products

How to submit a medical claim

Claims should not be submitted to GPAFI but only to UNIQA within 24 months from the date of treatment for natural medicines and from the date of issuance of the reimbursement notices by the basic insurances UNSMIS - CAPS - SHI.

• Documents to submit to UNIQA

Only statements received from the UNSMIS - SHIF - SHI basic insurance must be sent to UNIQA. If the statement concerns several members of the family, only one statement should be sent.

A copy of the invoices must be added only in case of hospital treatments or if the insured has been admitted with a medical exclusion.

For natural medicines, a medical prescription is also required.

• You can submit your claims to UNIQA the following ways:

► Electronically on the site www.myuniqa.ch or on your smartphone via the myUniqa.ch application:



► By email in pdf format to: claims.gpafi@uniqa.ch

► By post to the following address:

UNIQA
Avenue de la Praille 26
1227 Carouge
Switzerland

In order to simplify the processing of requests received by email or postal mail, please mention the UNIQA policy number on the requests.

Who to contact in case of questions?

The entities to contact in case of need are the following:

→ UNIQA in case of questions about reimbursements or medical benefits:

- UNIQA GlobalCare SA
Avenue de la Praille 26
1227 Carouge
- Telephone: +41 (0) 22 718 63 30
- Email: contact.gpafi@uniqa.ch

→ GPAFI in case of questions about the coverage, the premiums, a change of address, bank account or coverage termination:

- GPAFI
Palais des Nations
ONU
Avenue de la Paix 8-14
1211 Geneva 10
- Telephone: +41 (0) 22 917 99 99 (press 7)
- Email: gpafi@un.org

