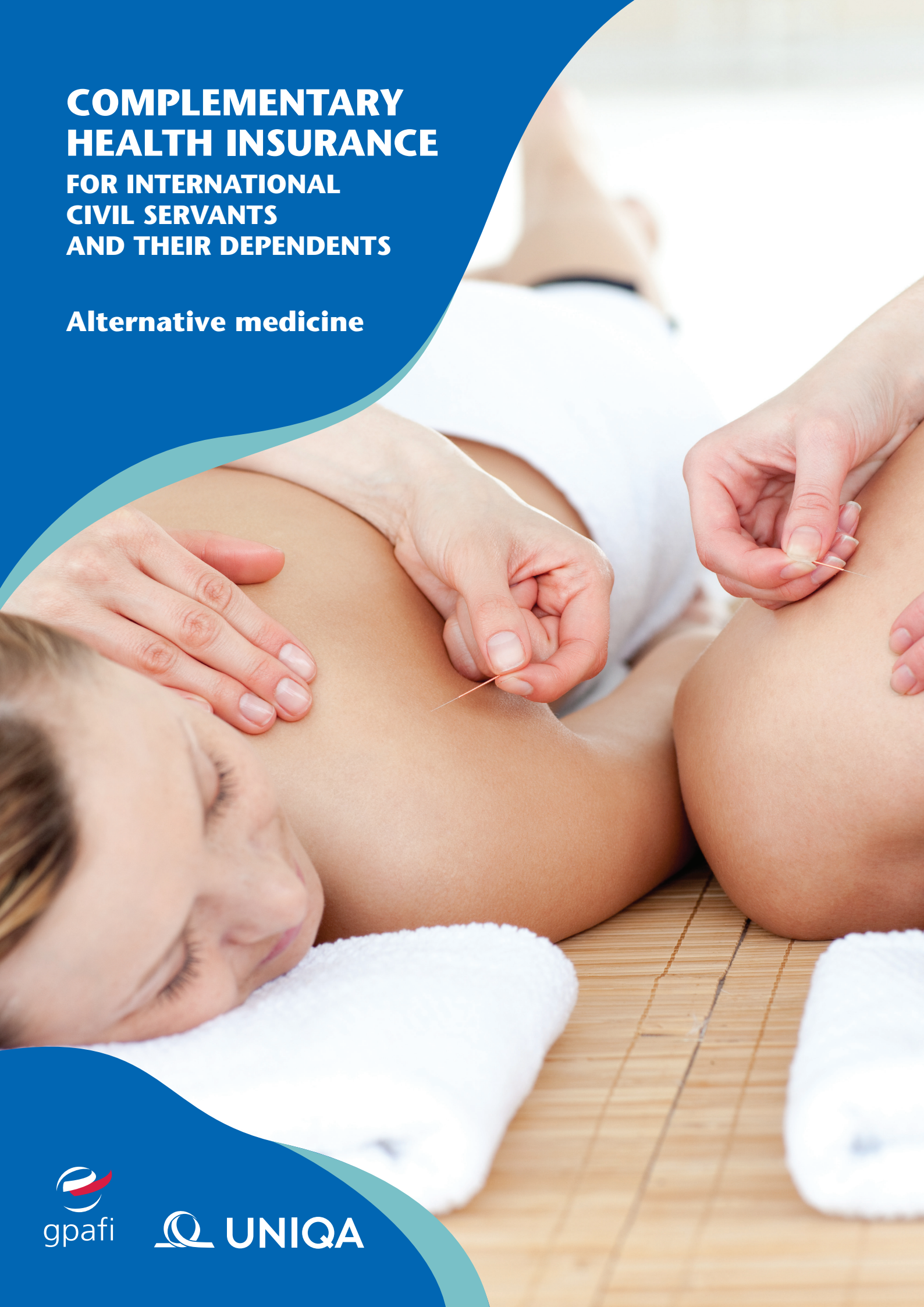


COMPLEMENTARY HEALTH INSURANCE FOR INTERNATIONAL CIVIL SERVANTS AND THEIR DEPENDENTS

Alternative medicine



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Alternative medicine

The supplemental insurance covers up to CHF 1,250.- per calendar year, 90% of the costs of outpatient treatment not covered by the basic insurance under two conditions:

- If the therapeutic method is recognized.
- If the therapist is a doctor or listed on the list of recognized therapists mentioned below.



Recognized therapists

Doctors that practice **alternative medicine** are recognized under any circumstances, this is also the case for **chiropractors and physiotherapists**, as long as they are treating illnesses that are within their professional competences for example: Osteo-pathy, Massage, Lymphatic drainage...).

Therapists that are registered on the ASCA list are recognized without condition. The list of recognized therapists can be found on the website: www.asca.ch

Members of **professional associations** recognized by UNIQA are also eligible for reimbursement. The list of recognized professional associations is provided in the table on the following page.

For services provided in the **Netherlands**, therapists must be members of one of the professional associations recognized by UNIQA. The list of recognized associations in the Netherlands is also included in the table on the following page.

Therapists that are localized in the nearby French sector must also be recognized ASCA and the above-mentioned organizations in order to obtain reimbursement.

Osteopaths based in France must belong to the Register of French Osteopaths and have an ADELI number to be accepted for reimbursement.

For all other countries, we recommend that the insured members **check that the therapist and the therapy is recognized with UNIQA** before undergoing treatment, without this prior approval, the invoice could be void and therefore not reimbursed.

Recognized Professional Associations

Switzerland

Association suisse des praticiens de médecine traditionnelle chinoise

Europe-Shanghai

SINOSWISS Praxis für Chinesische

Medizin, Zug

NVS – APTN

Association suisse d'étiopathie

Fédération suisse des praticiens en médecine naturelle FSPN

Registre suisse des ostéopathes

Fédération suisse des homéopathes

Société suisse des physiothérapeutes

diplômés en ostéopathie SSPDO

Schweizer Verband für

Anthroposophische Kunst-therapie, Bern

Centres TOMATIS dans toute la Suisse

MediQi dans toute la Suisse

PST-thérapie (Pulsierende Signal Therapie)

Centres Chinamed (médecine traditionnelle chinoise) dans toute la Suisse

Association suisse FELDENKRAIS (ASF)

Fondation pour la reconnaissance et le développement des thérapies alternatives et complémentaires ASCA

Netherlands

AVIG Artsenvereniging Voor Integrale Geneeskunde

Platform Complementaire

GezondheidsZorg

Landelijke Vereniging van Natuurgeneeskundig Therapeuten

(LVNT)

Beroepsvereniging voor natuurgeneeskundige werkende professionals (NWP)

Vereniging ter Bevordering van Alternatieve Geneeswijze (VBAG)

Nederlandse Artsen Acupunctuur

Vereniging (NAAV)

Nederlandse Vereniging voor Acupunctuur (NVA)

Wetenschappelijke Artsen Vereniging voor Acupunctuur in Nederland (WAVAN)

Nederlandse Beroepsvereniging van Hypnotherapeuten (NBVH)

Vakgroep van Homeopathische Artsen in Nederland (VHAN)

Nederlandse Vereniging van Klassiek Homeopaten (NVKH)

Landelijke Vereniging van Natuurgeneeskundig Therapeuten (LVNT)

Beroepsvereniging voor natuurgeneeskundige werkende professionals (NWP)

Nederlands register voor Osteopaten (NRO)

Nederlandse Osteopathie Federatie (NOF)

Vereniging van Nederlandse Reflexzone Therapeuten (VNRT)

Beroepsvereniging voor Kinesiologie (BvK)

Nederlandse vereniging voor Fytotherapie (NVF)

Nederlandse Vereniging voor Traditionele Chinese Geneeskunde Zhong (ZHONG)

Recognized therapies

A

Acupuncture
(traditional, laser, acupressure,
electro-acupuncture)

An-Mo / Tui-Na

Anthroposophic Massage

Aromatherapy

Auriculotherapy

Ayurvedic massage

Ayurvedic massage

B

Biochemestry according to Schüssler

Biomagnetism

C

Classic Massage

Colon hydrotherapy (colonic irrigation)

Conjunctive tissue massage

Cranio-Sacral therapy

E

Electrotherapy

Etiopathy

Empathetic therapy

Eutonie Gerda Alexander exercises

F

Fangotherapy

Fasciatherapy

Functional biometry
(acupuncture according to Voll)

H

Homeopathy

Hypnosis

K

Kinesiology

L

Light therapy, Phototherapy

M

Manual lymphatic drainage

Massage of acupuncture points

Massage of the psychogenic zones

Massage of the muscle reflex zones

Mesotherapy

Metamorphic massage

Moxa-Moxibustion

N

Naturopathy

O

Ortho-Bionomy

Osteopathy / Etiotherapy

P

Phytotherapy

Polarity therapy

Postural training

Poultice of green clay / Cataplasms /
Body wraps

Psychomotricity

R

Reflexology

Reiki

Rolfing/Structural training

S

Shiatsu

Sophrology

Spinal column balance therapy

Sumathu

T

Thai massage

Therapeutic Eurythmy

Therapeutic horse riding

Traditional Chinese medicine

Tibetan medicine

Tomatis method

Recognized phytotherapy and homeopathic preparation

(if prescribed by a doctor or a recognized therapist)

Capsules and homeopathic preparations

Aromatherapy and essential oils

Anthroposophic preparations

Ayurvedic preparations

Oligotherapy preparations

Phyto therapy preparations

Serocytol products



How to submit a medical claim

Claims should not be submitted to GPAFI but only to UNIQA within 5 years from the date of treatment for natural medicines and from the date of issuance of the reimbursement notices by the basic insurances UNSMIS - CAPS - SHI.

• Documents to submit to UNIQA

Only statements received from the UNSMIS - SHIF - SHI basic insurance must be sent to UNIQA. If the statement concerns several members of the family, only one statement should be sent.

A copy of the invoices must be added only in case of hospital treatments or if the insured has been admitted with a medical exclusion.

For natural medicines, a medical prescription is also required.

• You can submit your claims to UNIQA the following ways:

- ▶ Electronically on the site www.myuniqa.ch or on your smartphone via the myUniqa.ch application

- ▶ By email in pdf format to: claims.gpafi@uniqa.ch

- ▶ By post to the following address:

UNIQA
Avenue de la Praille 26
1227 Carouge
Switzerland

In order to simplify the processing of requests received by email or postal mail, please mention the UNIQA policy number on the requests.

Who to contact in case of questions?

The entities to contact in case of need are the following:

→ UNIQA in case of questions about reimbursements or medical benefits:

- UNIQA GlobalCare SA
Avenue de la Praille 26
1227 Carouge
- Telephone: +41 (0) 22 718 63 30
- Email: contact.gpafi@uniqa.ch

→ GPAFI in case of questions about the coverage, the premiums, a change of address, bank account or coverage termination:

- GPAFI
Palais des Nations
ONU
Avenue de la Paix 8-14
1211 Geneva 10
- Telephone: +41 (0) 22 917 99 99 (press 7)
- Email: gpafi@un.org

